



Practice Prescription Drug Safety For Your Teens

A high percentage of youth report that they have access to prescription medications from the family medicine cabinet. To protect children, store prescriptions in a safe, secure place., count pills regularly , and dispose of unused medications properly.

The patient information should provide instructions on how to discard unused medications. Safe disposal of prescription medications such as pain killers and sleep aids can help combat the increasing abuse of prescription drugs among teens and young adults. If no specific directions are provided then discarded medications by mixing them with something like used kitty litter. If practical, donate the unused medicine to an authorized community take-back program for prescription drugs.



For additional information, studies, reports, or treatment locators log on to www.aos.samhsa.gov/prescription.htm

Criminal Justice

Board of County Commissioner goals are to reduce property crime, violent crime and overall crime by 2015 . These tips are intended to increase your awareness and help avoid crime. If you have a proven prevention or awareness tip that can be shared, please fax it to 276-2630 for consideration and possible distribution. If you have questions, regarding this tip or would like to be added to our distribution list please call 276-2888.