



Wimauma Senior Center Senior Activity Schedule May 2012

HOURS OF OPERATION:

9:00 a.m. to 3:00 p.m.
Monday - Friday
Excluding Holidays
5714 North Street
Wimauma, FL 33598
(813) 671-7672

MEETINGS:

Advisory Council Meeting, May 8th @11:30 a.m.

Staff meeting: May 25th @ 9:30 a.m.

MONDAY - FRIDAY SCHEDULE

9:00 a.m. - 10:30 a.m. Coffee, Games, Meet & Greet
10:30 Health updates and discussion
11:00 Rotating activities listed below
12:00 p.m. Hot Lunch Daily
1:30 - 3:00 p.m. Rotating activities listed below

Literary/Art Sessions: See Below - All Welcomed!
Computer/Internet Access: 9:00 - 3:00 p.m. daily

STAFF:

Claudia Walton, Center Coordinator
(waltonccd@hillsboroughcounty.org)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 10:30 Exercise "Join Us For a Walk Inside The Park"	2 10:30 BINGO	3 10:30 Low-Impact Chair Aerobics	4 10:30 BINGO 11:30 Cinco De Mayo Remembered
7 10:30 BINGO 12:15 Honoring Mothers:- "Poetry & Music"	8 10:30 Dominoes/Card Games 11:30 Wimauma Advisory Council Meeting	9 10:30 BINGO Wimauma Intergenerational Program - Tutors Pre-break	10 10:30 Exercise - Toning/Stretching Annual Elder Affairs Day @ Oaks at Riverview	11 10:30 BINGO 11:30 Mothers Day Tea 12:30 Activity - Hand-made Soap for Mother's Day
14 10:30 BINGO	15 10:30 Walking Group 11:00 Game - "Are You Smarter than a 5 th grader?"	16 10:30 BINGO	17 10:30 Arm Chair Exercises	18 10:30 BINGO Senior Prom "Star Struck" @ the Brandon Rec. Center
21 10:30 BINGO 11:00 Nurse check - Vital Signs	22 10:30 Memory Game 11:30 DACCO Speaker	23 10:30 BINGO	24 10:30 Exercise - Toning/Stretching	25 10:30 BINGO 12:30 Movie & Treat - Participants' choice
28 CENTER CLOSED DUE TO THE HOLIDAY	29 10:30 Dominoes/Card Games	30 10:00 Memorial Day Walk for NSHF Day 10:30 BINGO National Senior Health and Fitness Day -	31 10:30 Arm Chair Exercises 11:00 National Bike Safety Talk	The mission of the Hillsborough County government is to provide effective quality service at a reasonable cost with courtesy, integrity and accountability in a manner that protects and enhances the quality of life of our diverse population.