



Ruskin Senior Center Events for Active Seniors

May 2012

STAFF:

Michelle Ingram HSS, Center Manager
(Ingram m@hillsboroughcounty.org)
Maria Lazaro, Sr. Case Manager
Uhura Cherry, LPN
Gerald C. Randolph, Sr. Recreational Therapist

HOURS: 7:30 a.m. to 5:00 p.m.
Excluding Holidays
905 6th St. SE
Ruskin, FL 33570
(813)672-1107

ONGOING & SPECIAL ACTIVITIES

- Social Issue: "A Day at the Races" Wednesday May 2nd @ 10:00 A.M.
- Cultural Issue: Mexico May 4th @ 10:00 a.m.
- Elder Affairs Day @ The Oaks of Riverview May 10th@ 10:00 a.m.
- Nutrition Education Speaker May 16th @ 12:00 p.m.
- Senior Prom @ Brandon Community Center on May 18th starting 10:00 a.m.
- Caregivers Meeting: Thursday May 24th @ 1:00 p.m.
- Ruskin Library Creative Storytelling Thursday May 24th @ 1:00 P.M.
- Health Issue: National Senior Health & Fitness Day / National Osteoporosis Month
May 30th @ 10:00 a.m.
Zumba Demonstration @ 12:15 p.m.
- Kings in the Corner Card Game, Word Games and Vintage TV shows everyday @ 2:30 p.m.
- Dominoes Club - Tues. and Thurs. @ 3:00 P.M.
- Advisory Council Meeting -The 2nd Tuesday of the Month @ 11:00 A.M.
- Volunteer Meeting- The 3rd Tuesday of the Month @ 11:30 A.M.
- Computers with Internet Access Available
- Computer Classes Call Center to Register
- Free Blood Pressure Testing Mon. thru Fri. 8:00 A.M. until 4:30 P.M.
- Wii Interactive Games (See Staff For Availability)

The mission of the Division of Aging Services is to provide essential social and health services to the older adults, promote social, physical and economic and emotional well-being to encourage maximum independence and improve the quality of life for older adults and their caregivers.