



## Ruskin Senior Center Adult Day Care Activities May 2012

**HOURS OF OPERATION:**

7:30 a.m. to 5:00 p.m.

Excluding Holidays

905 6<sup>th</sup> St SE

Ruskin, FL 33570

**(813)672-1107**

**STAFF:** Michelle Ingram HSS, Center Manager

(Ingramm@hillsboroughcounty.org)

Maria Lazaro, Sr. Case Manager

Uhura Cherry, LPN

Gerald Randolph, Senior Recreation Therapist

**MEETINGS:**

Volunteer Meeting: 2<sup>nd</sup> Tuesday of the Month @ 11:00a.m.

Advisory Council Meeting: 2<sup>nd</sup> Tuesday of the Month @ 11:30 a.m.

Caregiver Meeting: May 15th, 2012 @ 1:00 p.m.

**MONDAY - FRIDAY SCHEDULE**

7:30 - 9:30 Coffee, Music, Meet & Greet  
 9:45 Rise and Shine  
 10:00 Group Rotating Activities listed below  
 11:00 Senior Exercise  
 11:30 Trivia  
 12:00 Lunch/  
 12:45 Relaxation on the Lanai  
 1:00 Group Rotating Activities listed below  
 2:30 - 5:00 Individual Games Kings in the Corner Card Game, Word Games and Vintage TV Shows everyday

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|--|---|---|---|
|  | 1<br>10:00 Bingo<br><br>1:00 Spring/May Word Games<br>2:30 Table Top Games   | 2<br>10:00 Social issue :<br>"A Day @ the Derby"<br><br>1:00 Domino Tournament<br>2:30 Small Craft Project/ Puzzles   | 3<br>10:00 Bingo<br>10:00 4-H Gardening Project<br><br>1:00 Ring Toss<br>2:30 Kings in The Corner Game                                      | 4<br>10:00 Billiards @ the Rec. Center"<br>10:30 Cinco de Mayo History<br><br>1:00 Cinco de Mayo Party/ Karaoke Time<br>2:30 Puzzle Time/Table Top Games                              |
| 7<br>10:00 Auction Hunters<br><br>1:00 Target ball<br>2:30 Puzzle Time/ Table Top Games          | 8<br>10:00 Bingo<br><br>1:00 May Day Trivia<br>2:30 Favorite TV oldies   | 9<br>10:00 Balloon Volleyball<br><br>1:00 Sing a long<br>2:30 Table Top Games   | 10<br>10:00 Bingo<br>10:00 4-H Gardening Project<br><br>1:00 Hot Potato<br>2:30 Small Craft Project/Puzzles<br><br><b>Elder Affairs Day</b> | 11<br>10:00 Billiards @ the Rec. Center"<br>10:30 Mothers Day Trivia..<br><br>12:15 Movie Time:<br>"Soul Surfer"<br>1:45 Mothers Day Flower Gift<br>2:30 Small Craft Project/ Puzzles |
| 14<br>10:00 What Happens in May?<br><br>1:00 What Would You Do?<br>2:30 Kings In The Corner Game | 15<br>10:00 Bingo<br><br>1:00 Flower Making Craft<br>2:30 Favorite TV oldies   | 16<br>10:00 Hot Shot Basket ball<br>12:00 Health Dept. Speaker<br><br>1:00 Shuffleboard Games<br>2:30 Table Top Games   | 17<br>10:00 Bingo<br>10:00 4-H Gardening Project<br><br>1:00 Three letter Gamble<br>2:30 Puzzle Time/ Table Top Games                       | 18<br>10:00 Horse Shoes<br><br>1:00 "TV Classic Commercials"<br>2:30 I Love Lucy Film Festival.<br><br><b>Senior Prom @ Brandon Community Center</b>                                  |
| 21<br>10:00 Flowers Crossword<br><br>1:00 "Champions Beach Party"<br>2:30 Table Top Games        | 22<br>10:00 Bingo<br><br>1:00 What's Missing?<br>(Matching game)<br>2:30 Small Craft Project/ Puzzles                                      | 23<br>10:00 Veterans Word Search<br><br>1:00 Craft: Spring it Up?<br>2:30 Table Top Games   | 24<br>10:00 Bingo<br>10:00 4-H Gardening Project<br><br>1:00 Storytelling with Julie<br>2:30 Small Craft Project/ Puzzles                   | 25<br>10:00 Memorial Day<br>"What it Means to You"<br>10:00 Billiards @ the Rec. Center"<br><br>12:30 Famous: Memorial Day: "John Wayne Movies"<br>2:30 Table Top Games               |
| 28<br><br><b>CENTER CLOSED<br/>DUE TO<br/>HOLIDAY</b>  | 29<br>10:00 Bingo<br><br>1:00 "A Blast from the Past"<br>2:30 Small Craft Project/ Puzzles<br><br><b>"Bring in Pictures from the Past"</b> | 30<br>10:00 Health Issue: NSHFD Part 1<br>"Getting Control of Osteoarthritis Pain"<br>1:00 Health Issue: NSHFD Part 2<br>"Senior Exercise-Let's Get Moving!"<br>Zumba Comes to Ruskin for the Day.<br><br>2:30 Table Top Games<br><br><b>"National Senior Health &amp; Fitness Day"</b> | 31<br>10:00 Bingo<br>10:00 4-H Gardening Project<br><br>1:00 Name 10 Things<br>2:30 Small Craft Project/ Puzzles                            |   |