



Lutz Senior Center Adult Day Care Activities May 2012

HOURS OF OPERATION:

8:00 a.m. to 5:00 p.m.

Monday - Friday

Excluding Holidays

112 First Avenue, NW

Lutz, FL 33549

(813) 264-3804

STAFF:

Michelle Ingram, Acting Center Manager

(IngramM@hillsboroughcounty.org)

George Paulose, Senior Case Manager

Carmen Hunt, LPN

Paula Jory, Senior Recreational Therapist

MEETINGS: Caregiver's Support Group - May 17 at 10:00 a.m.

Participant Round Table - May 11 at 11:00 a.m.

Advisory Council - May 25 at 11:00 a.m.

MONDAY - FRIDAY SCHEDULE

8:00 Coffee, Music, Table Activities
 9:30 Greetings and Horoscopes
 10:00 Current Events
 10:30 Exercise
 11:00 Rotating Activity Listed Below
 11:45 Get Fit Walk
 12:00 Lunch & Music Appreciation
 1:00 Rotating Activity Listed Below
 2:30 Sunshine Line Vans Depart
 3:00 Snack
 3:30 Individual Choice

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|--|
| | 1 11:00 Mother Goose Day 1:00 Bingo 1:00 Table Games | 2 11:00 Group Poetry Project 1:00 Kentucky Derby 1:00 Puzzles or Coupon Clipping | 3 11:00 Name That Tune 12:00 Breakfast Basics - Health Department Presentation 1:00 Craft: Flowers 1:00 Table Games | 4 11:00 Cultural Issue: Mexico 1:00 Cinco de Mayo Party |
| 7 11:00 Journey's End 1:00 Bingo 1:00 I love Lucy Shows | 8 11:00 Nurse's Appreciation Day 1:00 Health Issue: Sarcoidosis | 9 11:00 Xavix Bowling 1:00 Suzy's Chair Zumba 1:00 Hidden Pictures | 10 11:00 Table Games and Ring Toss 1:00 Movie: Mouse Hunt Elder Affairs Day At The Oaks | 11 11:00 Mother May I? 1:00 Mother's Day Celebration 1:00 Puzzles or Coupon Clipping |
| 14 11:00 Meteorological Terms 1:00 Walk with Kathy 1:30 Pictionary | 15 11:00 May Word Pictures 1:00 Craft: Fitness Tambourines 1:00 Crosswords or Word Searches | 16 11:00 Participant Round Table 11:00 Billiards and Puzzles 1:00 Sing A Long | 17 10:00 Caregiver's Support Group w/ Crisis Center Speaker 11:00 Reminiscing: Prom Dates 1:00 Family Feud 1:00 Hidden Pictures | 18 11:00 Poster Art 1:00 Movie: Far From Home SENIOR PROM IN BRANDON |
| 21 11:00 Xavix Bowling 1:00 Walk With Kathy 1:30 Group Hidden Pictures | 22 11:00 Sing A Long 1:00 90+ Party 1:00 Puzzles and Table Games | 23 11:00 Xavix 1:00 Craft: "Never Too Old To Play" Posters And Signs | 24 11:00 HCFD - Fire Prevention 1:00 Social Issue: Extraordinary Uses For Ordinary Things | 25 11:00 Advisory Council 11:00 Sing-A-Long 12:30 Birthday Party (For All Birthdays In The Month) |
| 28 Memorial Day Center Is Closed | 29 11:00 Hangman 1:00 Giant Jenga, And Table Games 1:00 Music and Chair Dancing | 30 11:00 Walk with Kathy 1:00 National Health And Fitness Day Event Wear Workout Clothes | 31 11:00 Sing A Long 1:00 Arts Council Performance By Liz Holister | The Mission Of The Hillsborough County Government Is To Provide Effective Quality Service At A Reasonable Cost With Courtesy, Integrity And Accountability In A Manner That Protects And Enhances The Quality Of Life Of Our Diverse Population. |