



Lutz Senior Center List of Events for Active Seniors May 2012

STAFF:

Michelle Ingram, Acting Center Manager
(IngramM@hillsboroughcounty.org)
George Paulose, Senior Case Manager
Carmen Hunt, LPN
Paula Jory, Senior Recreational Therapist

HOURS OF OPERATION:
8:00 a.m. to 5:00 p.m.
Monday - Friday
Excluding Holidays

112 First Ave, NW
Lutz, FL 33549
(813) 264-3804

ONGOING ACTIVITIES

- Billiards and Card Games - During hours of operation
- Blood Pressure Screenings - Call for an appointment
- Computers with Internet Access for General Use - Available all days except Tuesday and Thursday after 1:00 p.m.
- Hot Lunch - Call the center to initiate registration for the Nutrition Program, 264-3804
- Meeting Space For Senior Groups - Please call the center, 264-3804
- Pet Therapy With Yogi the Corgi - Mondays at 10:30 a.m. Call for dates
- Pinochle Group - Tuesday and Thursday at 1:00 p.m.
- Xavix Video Games - Available all days except Tuesday and Thursday after 1:00 p.m.

SPECIAL ACTIVITIES

- May 3 Health Department presents "Breakfast Basics" at 12:00 p.m.
- May 4 Cultural Issue: Mexico at 11:00 a.m.
- May 4 Cinco de Mayo Party at 1:00 p.m.
- May 8 Nurse's Appreciation Day Event at 11:00 a.m.
- May 8 Health Issue: "Sarcoidosis" at 1:00 p.m.
- May 9 Chair Zumba Demonstration at 1:00 p.m.
- May 10 Elder Affairs Day Field Trip to The Oaks of Riverview Senior Center
- May 11 Mother's Day Celebration at 1:00 p.m.
- May 16 Participant Round Table Discussion at 11:00 a.m.
- May 17 Caregiver's Support Group Meeting with Crisis Center Speaker at 10:00 a.m.
- May 18 Senior Prom Field Trip to Brandon
- May 22 90+ Party for all Participants over 90 years old at 1:00 p.m.
- May 24 HCFD - "Fire Prevention" at 11:00 a.m.
- May 24 Social Issue: "Extraordinary Uses for Ordinary Things" at 1:00 p.m.
- May 25 Advisory Council Meeting at 11:00 a.m.
- May 25 Birthday Party at 12:30 p.m. (for all birthdays in the month)
- May 28 Memorial Day - The Center is Closed
- May 30 National Health and Fitness Day Event - wear workout clothing
- May 31 Arts Council Performance by Liz Holister at 1:00 p.m.